Pesto Pasta Salad

Try this delicious, healthy pasta salad, perfect for a work lunch or to eat on-the-go.

Nutritional Info (per serving): 420 calories, carbs 49g, fat 19g, protein 1g



Photo by Eaters Collective on Unsplash

Ingredients (serves 6)1

400g pasta
200ml crème fraîche
4 tbsp fresh pesto
½ cucumber, cut into small cubes
16 cherry tomatoes, cut into quarters
handful basil leaves

Method

- Cook the pasta for 10 mins in salted boiling water until al dente, drain, then tip into a bowl. Stir in the crème fraîche followed by the pesto, then leave to cool.
- When the pasta is cool, stir in the cucumberand tomatoes followed by the basil leaves. Season if it needs it.



¹ Recipe by Lulu Grimes on bbcgoodfood.com